

## Minutes of Youth Council meeting which was held on 6 September 2023

- 1- Jocelyn opened meeting.
- 2- Apologies: Hannah, Madi, Isla, Jess, Keeva and others
- 3- Updates: Jocelyn attended people scrutiny meeting, updated about summer activities and finance questionnaire as well as Josh updating on Madi's project on healthy school meals
- 4- Summer activities: Southend pride raised a large sum of money which needs to be counted and be payed to stonewall. Data was collected about vaping as well as quotes and were analysed. Professionals were invited. Attended vaping workshop and gave feedback. First aid course by Thomas was led by Triple L. Learnt about different situation and had the chance to have a go. Went to Houses of Parliament, did team activities such as scavenger hunt. Also went to Stubbers and City Jam for which there was a tour of the focal point gallery, looked at artwork then had a go.
- 5- Report from Southend Pride: Was successful and great outcome and should do next year
- 6- Vaping Update: Meeting with open road, gave ideas on how to improve the presentation and use quotes from the youth council. There is a safeguarding meeting to present the survey findings on 28<sup>th</sup> September for anyone able to go on Teams. Public Health team put together the outcomes of the project to be put on the school newsletter (schools learning network), this is something young people can ask their schools about, and talk to schools about open road if they already haven't.
- 7- Debate: Do you think school uniforms are necessary?, Are GCSE and A Levels at a national level necessary?
- 8- Financial questionnaire: A project led by Jocelyn to find out about the financial education young people receive in school. Members completed questionnaire, and is to be sent out to schools, all members encouraged to promote and share this
- 9- Mental health champion training: was a 7 week training and received qualification. Watched presentation about mental health and what the qualification is about. Several member completed this.
- 10- A beach clean during half term was proposed and members seemed keen on this – Lucy to arrange
- 11- Any other business: Open invitation for sexual health clinic meeting. Miles' idea on workshop/leaflet about neurodiversity and how they can be supported, what to say and not to say. Madi is working on free school meal project, on 29<sup>th</sup> September there is an event, invited councillors, need to ask for representatives from schools in southend and ask how much people are entitled for free school meals, could take a photo of a standard free school meal. All members were asked to support this.